**Rationing during The Second World War**

During the War (and after it too!) people weren’t allowed as much food as they wanted (even if they could afford lots of it!) Each person had a ‘ration’ of food for each week. This was how much food they were allowed from the shop. The table shows the amount of some items an adult was allowed.

Can you complete the table to show what a child’s ration would be? The first two have been done for you.

|  |  |  |
| --- | --- | --- |
| **Food/drink** | **Adult ration** | **Child’s ration** |
| Milk | 3 pints | 1½ pints |
| Sugar | 8 oz (ounces) | 4 oz |
| Tea | 2 oz |  |
| Butter | 2 oz |  |
| Margarine | 4 oz |  |
| Lard | 3 oz |  |
| Cheese | 3 oz |  |
| Bacon | 4 oz |  |
| Sweets | 2 oz |  |
| Jam | 2 oz |  |
| Eggs | 1 |  |

Look at the family in the photograph (It looks like the father might have gone away to war). How much of each would they get **altogether** per week?

|  |  |  |
| --- | --- | --- |
| **Food/drink** | **Total amount per family per week.** | 9_8_c_109_5_0_41_6_family_5 |
| Milk | 7½ pints |
| Sugar | \_\_\_\_\_ oz |
| Tea | \_\_\_\_\_ oz |
| Butter | \_\_\_\_\_ oz |
| Margarine | \_\_\_\_\_ oz |
| Lard | \_\_\_\_\_ oz |
| Cheese | \_\_\_\_\_ oz |
| Bacon | \_\_\_\_\_ oz |  |
| Sweets | \_\_\_\_\_ oz |  |
| Jam | \_\_\_\_\_ oz |  |
| Eggs | \_\_\_\_\_ eggs |  |
|  |  |  |
| Challenge: Work out how much of each YOUR family would get each week. |