

Kindness Calendar

13 – 17 July

Weekly theme: Weather and the Planet



Monday	Kind to the world	What is weather and why does it change? Look outside the window – is it sunny, raining, or something else? Research online and write a paragraph about why the weather is how is it today. If it is raining – where does the rain come from? If it is sunny – why is it warmer today than another day?
Tuesday	Kind to me	Today, go outside and experience the weather. When you come back inside, think about how it made you feel, and how different kinds of weather can have an effect on you. How did today make you feel?
Wednesday	Kind to me	Imagine a perfect day. What weather would it be, and why? What would be the temperature or the wind? What would the sky look like? What would you be doing? Draw or paint a picture of yourself enjoying your perfect day. If you want, you can share it with us on Twitter, using @KindnessSchools and #KindnessCalendar
Thursday	Kind to others	In certain places in the world, the weather has changed very quickly. Research the effects of Climate Change on the planet and on people, and write a paragraph about what would happen if this change continues.
Friday	Kind to the world	What can people do to stop the process of Climate Change? All of us have some responsibility, but much of the pollution also comes from big companies. Think about and write down one way you can prevent pollution at home, and think of another way to prevent companies from polluting the planet.

If you don't have Twitter but would like to share your work, send us your work to info@kindness-school.org and we'll tweet them for you!