

ADDvanced Solutions

Community Network Supporting you to find the answers



# What's On in Knowsley: Autumn Term 1 2022

ADDvanced Solutions Community Network has an online and face-to-face offer to support children, young people, families and professionals in the Knowsley area.

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy: https://www.addvancedsolutions.co.uk/policies/privacy-policy.html

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

# Our COVID-19 Health & Safety commitment to you for face-to-face attendance

#### We will:

- Follow government guidance
- Offer hand sanitiser, face masks and face visors, if desired

#### We ask that you:

- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures

- Test our team regularly
- Observe social distancing measures
- Follow our registration process
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

#### **Community Network Groups**

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and visiting professionals who can help and support you.

#### To attend our face-to-face Community Network Groups, come and join us at the address listed. No need to book, just drop in.

To join an online group, click the appropriate registration link below.





#### **Monday All Areas Community Network Group**

Mondays during term time: 9:30am - 11:00am Location: Online

<u>To join online: please click here to register</u>	
12th September:	Welcome Back: Identifying Problems and Finding Solutions
19th September:	Visiting Professional from SENDIASS: independent SEND support for
	<del>-families</del> (CANCELLED)
26th September:	Supporting Transition for your Child with a
	Neurodevelopmental Condition
3rd October:	Looking at the SEND Process in Education
10th October:	Benefits: DLA, PIP, Carers Allowance and Family Fund
17th October:	Understanding and Supporting Behaviours that Challenge

#### **Knowsley Community Network Group**

Wednesdays during term time: 9:30am - 11:30am Location: Old School House Community Project, St. Johns Rd, L36 0UX Come and join us, no need to book, just drop in.

14th September:Welcome Back: Identifying Problems and Finding Solutions21st September:Understanding and Supporting Behaviours That Challenge28th September:Visiting Professional from the Knowsley Continence Team5th October:Zones of Regulation12th October:Supporting your Child to access Learning19th OctoberSocial Stories

#### Wednesday All Areas Community Network Group

Wednesdays during term time: 5:00pm - 6:30pm Location: Online		
<u>To join online: please click here to register</u>		
14th September:	Introduction to Sensory Processing Difficulties	
21st September:	Choosing the Right School for your Child	
28th September:	Exploring Puberty & Neurodevelopmental Conditions	
5th October:	Visiting Professional from SENDIASS: independent SEND support for families	
12th October:	Introduction to Tourette's Syndrome	
19th October:	The Zones of Regulation: Helping your Child to Manage their Emotions	





#### Supporting Behaviours that Challenge Family Learning Programme

Our Supporting Behaviours that Challenge Family Learning Programme is a set of four workshops designed to support parents and carers who wish to gain understanding and skills around behaviours that challenge, in order to support their child/young person. We will explore ways to identify what lies behind challenges, and to gain strategies to help them.

This Supporting Behaviours that Challenge Learning Programme will be delivered face-to-face over four weekly sessions.

Thursdays: 12:30pm - 3:00pm Location: L36 Please contact the office on 0151 486 1788 for more information or to register for a place.

Thursday 29th September Thursday 6th October Thursday 13th October Thursday 20th October

### Sleep Difficulties Learning Workshop (Online)

Our trained sleep practitioners will deliver a presentation on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine. **Please click the appropriate link below to register:** 

Thursday 13th October

12:00noon - 2:30pm: <u>Supporting Sleep Difficulties</u>

## **Coffee Mornings**

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



## **Seeking Crisis Support?**

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.addvancedsolutions.co.uk under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click <u>HERE</u>





#### **Neurodevelopmental Conditions Family Learning Programme**

Next half term, we are providing the opportunity to attend our ND Family Learning Programme online.

Mondays and Wednesdays: six evening sessions (two sessions per week for three weeks)

Our Neurodevelopmental Conditions (ND) Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and postdiagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your Local Offer, disability welfare rights and special educational needs support including Early Help and Education Health Care Plans

### **All Areas ND Family Learning Programme (Online)**

This online programme will be delivered over six sessions next term. Monday and Wednesday evenings: 6:30pm - 8:30pm

Please click here to register for this learning programme

Monday 7th November Wednesday 9th November Monday 14th November

Wednesday 16th November Monday 21st November Wednesday 23rd November

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 Follow us on Instagram: @ADDvancedSolutions
Like us on Facebook: ADDvanced Solutions Community Network Join our closed Facebook group for parents and carers: ADDvanced Solutions Community Network Discussion Group Telephone: 0151 486 1788

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website <u>ADDvanced Solutions Community</u> <u>Network</u> and view the calendar listings.